

# Mental Wellness During Pregnancy

THURSDAY, MAY 12TH  
6:00-7:30PM



Maintaining your peace and mental health during pregnancy can be challenging. We've got you! Come join us in a virtual discussion to aid Black pregnant women and birthing people through the support of doulas, community advocates and healthcare providers.

[us06web.zoom.us/j/89377713174](https://us06web.zoom.us/j/89377713174)  
Meeting ID: 893 7771 3174