



Week of Wellness In Celebration of Juneteenth June 13-19, 2021

Brought to you by the Trauma-Informed Wellness Program and The Center at Sierra Health Foundation

Roberts Family Development Center Gun Violence Reduction Rally Sunday, June 13 12 p.m. to 8 p.m.

Join community partners for this event at Mama Marks Park for a day of fun in the sun, free food, live music and performances, and meet and talk with your neighbors about the future of our community.

[Access the event flyer](#)

ONTRACK Program Resources Soul Space – Collective Impact with Junious Williams, Esq. Wednesday, June 16 3 p.m. to 5 p.m.

This webinar will take a deep dive into how the collective impact model can support local systems change for the mental well-being of our Sacramento Black community.

[Join on ZOOM](#)

Improve Your Tomorrow Practicing and Embodying Inner Peace: How to Combat Minority Stress in a World That Wants to See Us Broken Wednesday, June 16 6 p.m. to 7:30 p.m.

This virtual space will be focused on providing respite for Black and Brown bodies from the stressors of the world to rejuvenate and revel in our resilience to fight another day.

[Join on ZOOM](#)

Rose Family Creative Empowerment Center Center Community Healing Circle Friday, June 18 5 p.m. to 7 p.m.

Join with community members for this in-person event with the theme "It Takes a Village to Raise a Child."

[Access the event flyer](#)

Please join us at the Sacramento Juneteenth Festival for a Celebration of Freedom!

Saturday, June 19th from 11 a.m. to 6 p.m. • William Land Park

